

# SPECIAL REPORT

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**Discover what most insurance companies don't want you to know about car accident injuries and how to protect your rights.**

This report will reveal:

- How car accident injuries can cause arthritis.
- How even minor injuries should get evaluated.
- Why prescribed pain relief medication may make your condition worse!
- 10 step at home injury test that will tell you if you are injured.

Warning: Spinal injuries are sneaky, potentially debilitating, and will strike millions of Americans this year. Due to ignorance and/or inappropriate care, many car accident victims will suffer for the rest of their lives! That's the bad news. The good news is that there is help available to you. So keep reading this report to find out the truth you won't find anywhere else!

Reading this report may be the most important thing you've done all year. Why? Because finally someone is revealing the shocking truth about car accident injuries many insurance companies do not want you to know. The information in this report is vital if you want to avoid years of pain, suffering, and misery. So slowly read this report from beginning to end.

Let's Get Started....

Every day, thousands of Americans are involved in auto accidents and they are not lucky enough to have this information in front of them. As a result, they either receive inappropriate care for their injuries or never get their injury diagnosed properly and end up suffering needlessly.

Most insurance adjusters do not know about the kind of spinal injuries people experience in an accident. Sometimes a patient won't feel injured right away.

**THIS CAN HAPPEN EVEN IF YOU'RE IN  
A LOW SPEED ACCIDENT**

Research has proven even if you were involved in a minor fender bender, at a speed of 5-7 miles per hour, you are still susceptible to spinal injuries.

You can be injured and only feel a little or no pain at all after the accident. Your doctor can easily miss this and mistake your pain for something completely different.

**MOST DOCTORS DO NOT KNOW  
ABOUT SPINAL INJURIES**

After any accident, it is advisable to visit the emergency room to make sure you don't suffer from any life threatening injuries like broken bones, a punctured lung, or internal bleeding. This is what emergency room doctors specialize in.

The problem is that as long as there is no immediate threat to your life, the emergency room physician is likely to send you along your way with pain medication to mask the pain.

Here is the problem with only taking pain medication after your accident:

Auto accidents can cause spinal injuries called “subluxation” or the vertebrae of the spine being knocked out of place. These subluxations cause abnormal function of the spine, muscles, and nerves.

When subluxations are left untreated they cause abnormal and limited motion, pain, stiffness, and eventually lead to disc degeneration and arthritis of the spine.

You should always be checked for subluxations after any and all injuries, and you should never settle your claim until you have been examined by a doctor trained in detecting and correcting subluxations.

### **THE PROBLEM IS THAT MEDICAL DOCTORS ARE NOT TRAINED TO DETECT AND CORRECT SUBLUXATIONS**

Medical doctors are trained to make a diagnosis and treat symptoms with medication but they do not have the training to detect or treat subluxations. Most medical doctors over-rely on symptoms only and use medication to cover up the problems.

Since many doctors cannot detect your injury, they make the wrong diagnosis about what is wrong with you and any treatments you get based on this diagnosis will do practically nothing for you.

### **SUBLUXATION CORRECTION**

Hello, my name is Dr. Terry Barnett. I am a Doctor of Chiropractic and I have been detecting and correcting subluxations for twenty-two years. I have treated and helped hundreds of patients who have suffered from the adverse effects of subluxations.

Please read on and find out what to watch for and what you can do to make sure you receive the proper care.

## **IF YOU ARE EXPERIENCING ANY OF THESE SYMPTOMS YOU MAY BE SUFFERING FROM A SPINAL INJURY**

- Neck Pain
- Numbness and tingling
- Low back pain
- Difficulty sleeping-fatigue
- Memory Loss or difficulty concentrating
- Headaches
- Mid-back pain
- Irritability

Or worse, you may be feeling none of these right now because your injury has not started producing these symptoms yet.

## **THE SHOCKING TRUTH ABOUT USING PAIN RELIEVERS, TO GET RID OF YOUR PAIN!**

Let's assume you are experiencing some neck pain. How will your doctor attempt to treat you? Well, rather than go after the cause of the problem he or she is not trained to find, he or she is going to attempt to cover up your pain with over-the-counter (OTC) medications and other, more powerful pain relievers.

These drugs only work by covering up your body's ability to register pain. They do nothing to fix the subluxation; the problem causing the pain. So, while these drugs are sweeping the dirt under the rug, you're giving the illusion you're actually okay. This is dangerous.

### **Why?**

Usually under pain relief medication, you are more likely to worsen your injury! Your body's way of telling you that you are making things worse is pain. If you do not feel the pain you may be aggravating your injury and not even know it. Have you ever had a sprained ankle? What happens if you keep walking on it rather than sit it out for a few days? It hurts more and more. And why? Because you are making it worse!

The same is true for spinal injuries in your neck and back. Yes, you read that correctly! Your doctor, who means well and wants you pain-free, may be hurting you by giving you seemingly harmless drugs.

That is not to mention the side effects of using these drugs. You see, the bodily functions these drugs are blocking to hide your pain also have other functions in the body. Depending on the drug, you may run into serious kidney, stomach, or liver problems as a result of using these drugs just to get through a day of work.

## **ARE YOU A SPINAL INJURY VICTIM?**

Your neck is jam-packed with nerves, blood vessels, and forty-eight different joints. Add to that your brain stem, discs, muscles, tendons, and ligaments.

## **THE CHANCES OF YOU BEING INJURED IN AN ACCIDENT ARE EXTREMELY HIGH.**

In addition to disc and other soft tissue damage, spinal injuries cause subluxations, stretching or pinching to the nerves and spinal cord. Proper evaluation and treatment by an injury specialist can make the difference...TRUE RECOVERY, HEALING AND STRENGTH VS. LINGERING PAIN, SICKNESS, AND DISABILITY.

## **DISCOVER RIGHT NOW IF YOU SUFFER FROM A SPINAL INJURY**

Spinal injuries are extremely serious problems. Unfortunately, medical science is under-trained and unequipped to diagnose and treat them with any measure of success. This is a giant health care problem in this country, considering 20 million people have suffered from a hidden injury.

The sooner you find out you have a spinal injury, the sooner you can start a treatment plan to get rid of it and get you out of pain as soon as possible. Wouldn't it be nice to finally be pain-free and living your life the same way you did before the accident ever happened?

## **Here is the At-Home Injury Test that can indicate if you are injured.**

Go through the following at-home test. If you experience pain, tightness, or experience a limitation of motion in any direction, or hear popping or grinding, circle “yes.” If not, circle, “no.” All movements should be done as far as can be. Movement should be equal on both sides.

### **TEST**

- |   |     |    |
|---|-----|----|
| 1. With your head straight, turn your head to the right.                      | Yes | No |
| 2. With your head straight, turn your head to the left.                       | Yes | No |
| 3. Next, with your head in the upright position, bend your head to the right. | Yes | No |
| 4. Now bend your head to the left.  | Yes | No |
| 5. Bend your head down and put your chin on your chest.                       | Yes | No |
| 6. With your chin on your chest, turn your head to the right.                 | Yes | No |
| 7. Then turn your head to the left.   | Yes | No |
| 8. Next, bend your head backwards.  | Yes | No |
| 9. With your head back, turn your head to the right.                          | Yes | No |
| 10. Now, turn your head to the left.  | Yes | No |

**If you have answered “yes” to even one of these at-home injury evaluation test questions, you need to be evaluated as soon as possible to determine the extent of your spinal injuries.**

## **What Our Patients Say:**

In July of 2007 I was hit by a drunk driver. Initially I had no problems physically, but a week or so after the accident I started having severe headaches that medication would not relieve. I saw my family doctor who diagnosed me with whiplash and he then sent me to physical therapy. After multiple therapy treatments and no results, my family physician referred me to Dr. Terry Barnett. I noticed a decrease in severity of my headaches in the first week of treatment and no headaches at all after the second week. Not only was I pleased with my results, but he and his office staff were very friendly and knowledgeable.

--- Lynn P.

Shortly after moving to Jonesboro, I was involved in a motor vehicle accident and was taken to a local hospital where I had x-rays and was treated by an emergency room physician who said I would be fine in a couple of days. My condition continued to worsen for a couple of weeks at which time my neighbor suggested I see Dr. Barnett. I was quite impressed with how thorough he was with his examination and how he explained everything where I could understand it. I immediately felt better after the first visit and within a few weeks, I was totally pain free. I was even more impressed however, with his awesome staff and how they helped me in dealing with the insurance company. I cannot say how grateful I was to be referred to Dr. Barnett. From the first visit they treated me like a member of the family, they're great!

--- Jessica W.

**Q: WHAT IF MY CAR SUSTAINED ONLY MINOR DAMAGE?**

**A:** Documented studies done by specialists Charles Carroll, M.D, Paul McTee, M.D, and Lee Riley, M.D. revealed:

“The amount of damage to the automobile bears little relation to the force applied to the cervical spine (neck) of the occupants. Injuries including misalignment of the spine, injury to the disc, ligaments and tendons, and MTBI (mild traumatic brain injury) can occur in accidents at speeds as low as 5-10 miles per hour.”

In other words, the severity of the injury to the passengers is not necessarily related to the damage of the vehicle. Most insurance adjusters love to convince you differently.

**Q: I DEFINITELY FEEL INJURED FROM MY ACCIDENT; HOWEVER, I HAVE A HISTORY OF RELATED TYPES OF ACHES AND PAINS, AND RECORDS OF TREATMENT. DOES THIS HARM MY CASE?**

**A: NO.** This is why you need to see a specialist who is familiar with this type of injury. There is always a reason why you feel injured or different following an accident. The concern is to specifically identify your new injury.

**Q: IF I NEED TREATMENT FOR THIS INJURY, DO I HAVE TO PAY FOR IT MYSELF AT THE TIME OF SERVICES?**

**A: NO.** In most cases we can accept full payment when your case is settled.

**Q: DOES THIS TREATMENT HURT?**

**A: Absolutely not.** Treatments are quite soothing and very gentle. Most patients look forward to their care because it makes them feel better.

**Q: IS THE TREATMENT SAFE?**

**A: YES.** Particularly when compared to the side effects of drugs and or surgery.

**Q: WHAT IF I’VE BEEN TOLD I CAN ONLY GO TO A CERTAIN DOCTOR?**



**A:** Arkansas Law allows you to seek any treatment you want. If you have been told otherwise it is simply untrue.

**If you have been in a car accident, you could very well have spinal injuries (subluxations) that could potentially cause you great pain and suffering. Wouldn't you like the peace of mind knowing if you have problem or not? And having access to proper care if a problem found?**

**On the next page is a special offer....  
You have the opportunity to be evaluated by a specialist who is committed to your well-being and dedicated to quality care....**



**TERRY L. BARNETT, D.C.**  
**Barnett Chiropractic, Chiro Care, Inc.**

**CHIROPRACTOR WORKING TO BETTER SERVE YOU  
WITH ADVANCED TRAINING AND EXPERIENCE IN  
ACCIDENT AND INJURY CARE  
870-931-0655**

**CALL OUR OFFICE TO RECEIVE, AT NO COST OR OBLIGATION TO YOU, A  
COMPLIMENTARY CONSULTATION TO EVALUATE ANY HIDDEN INJURIES THAT  
NEED TO BE DOCUMENTED AND TO TELL YOU IF WE CAN HELP YOU.**

**SIMPLY CALL OUR OFFICE AND LET US KNOW THAT YOU RECEIVED THIS  
SPECIAL REPORT AND WOULD LIKE AN AUTO INJURY CONSULTATION.**

**OUR OFFICE IS CONVENIENTLY LOCATED AT  
266 SOUTHWEST DRIVE  
JONESBORO, AR 72401**

**<http://jonesboroschiropractor.com/location.html>**

**IF OTHER PEOPLE WERE IN THE VEHICLE AT THE TIME OF THE ACCIDENT, LET  
OUR OFFICE KNOW AND WE WILL BE GLAD TO PROVIDE A CONSULTATION  
FOR THEM AS WELL**